

BULLETIN

SEPTEMBER 2006

№ 3



**Russian Chapter of the International Society
of Cardiovascular Ultrasound**



**Tyumen Cardiology Center – Branch of Institute of Cardiology,
Tomsk Scientific Center, Russian Academy of medical sciences
Siberian Branch**



XV WORLD ICDS CONGRESS IN TYUMEN, RUSSIA

Dear Friends,

This is N 3 of the Informational Bulletin. Its main subject is the XV World Congress of the International Cardiac Doppler Society which was held in conjunction with Russian National Conference on Cardiac Resynchronization and Cardioversion Defibrillation in Tyumen, Russia on 24-26 May 2006.

Tyumen Cardiology Center was chosen as an organizer of the Congress because our center is one of the leading scientific, research and healthcare institutions in Russia. We introduced innovative technologies from the forefront of the world medicine. The leading scientists of Tyumen Cardiology Center are regularly invited to different forums of all levels for lecturing and delivering presentations. Since 1994 we held 10 International Conferences "Cardiology Update", 2 International Symposia on Echocardiography and Vascular Ultrasound (November 2004 and May 2005), which aroused great interest of Russian and foreign participants. We arrange regular training courses and teleconferences for physicians. On the basis of Tyumen Cardiology Center there was founded Russian Chapter of the International Society of Cardiovascular Ultrasound.

In general opinion the World Congress was carried out with great success and its scientific and organizational level was highly estimated. We received a lot of hearty feedback from the participants, our friends and colleagues and some of them we included in this bulletin.

The Congress was very interesting and impressive: more than 570 participants, including 50 foreign specialists from 29 countries of the world, took part in it. The participants of the Congress had a great opportunity to listen to the lectures by the leading Russian and foreign scientists, the "stars" of the World cardiology.

I would like to thank everyone from the bottom of my heart who supported us and helped with the organization and carrying out of this meeting. Only due to our joint work we reached such a success!

Yours Sincerely,

Vadim Kuznetsov, MD, PhD, FESC
Professor of Cardiology,
President of the XV World Congress of ICDS,
Chairman of the Russian Chapter of ISCU,
Director of Tyumen Cardiology Center



Russian Chapter of the International Society of Cardiovascular Ultrasound



Tyumen Cardiology Center

XV WORLD CONGRESS OF THE INTERNATIONAL CARDIAC DOPPLER SOCIETY WAS HELD IN CONJUNCTION WITH RUSSIAN NATIONAL CONFERENCE ON CARDIAC RESYNCHRONIZATION AND CARDIOVERSION DEFIBRILLATION ON 24-26 MAY IN TYUMEN, RUSSIA

The Congress was arranged by Tyumen Cardiology Center and co-sponsored by International Cardiac Doppler Society and Russian Society of Arrhythmology. Also it was supported by Russian Chapter of the International Society of Cardiovascular Ultrasound, Departments of Health Care, Strategical Development, Education and Science of Tyumen region.

During three days of the meeting there were held
- 2 Plenary Sessions (the 2nd - Joint Session of Russian Society of Arrhythmology, ICDS and European Association of Echocardiography);



- 12 Concurrent Sessions (Joint Session with the Working Group on Echocardiography of the Society of Cardiology of the Russian Federation, Modern Technologies, Coronary Arteries and Peripheral Vascular Ultrasound, Stress-Echocardiography, Transesophageal and Intraoperative Echocardiography, Cardiomyopathies, Valve Disease, Function, 3 Sessions - Russian National Conference on CRT and Cardioversion Defibrillation, Oral Presentations);
- 2 Satellite Symposia (organized by Cordis and Medtronic);

- Daniel Kalmanson's Award competition for young scientists (Please read information about it at page 5);

- Poster Presentation Session

88 lectures and oral presentations and 10 poster presentations were delivered.



Total number of active participants at the Congress – 570 from 23 countries (Argentina, Bangladesh, Costa Rica, Czech Republic, Denmark, Estonia, France, Germany, Great Britain, Greece, Iran, Italy, Kazakhstan, Kyrgyzstan, Norway, Poland, Russia, Spain, Sweden, Switzerland, Turkey, United Arab Emirates, USA), including 49 foreign participants and 521 from 18 regions (46 cities) of Russia.

About 50 volunteers – students of the higher educational institutions of Tyumen helped at the Congress.

Number of abstracts published in the Congress Abstract Book – 188. Representatives of 6 countries submitted papers but were not able to attend the Congress (Azerbaijan, Byelorussia, Malaysia, Philippines, Ukraine, Uzbekistan).

Total number of countries participated in the preparation and attended the Congress – 29.

Poster presentation session took place within the Congress. The Committee consisted of the Chairman J. Geoffrey Stevenson (Seattle, WA, USA) and 4 members: Pasquale Palmiero (Brindisi, Italy), Michael V. Orlov (Boston, USA), Michael Maysky (Boston, USA), Mikhail R. Sukernik (Hershey, PA, USA). 10 posters were presented at the session, the winners are the following:



1st place – Kasprzak J.D., Lipiec P., Wejen – Mik P., Plachcinska A., Kusmierek J., Krzeminska-Pakuza M. (Lodz, Poland) “Novel Protocol for Dipyridamole Stress Echocardiography Enhanced with Coronary Flow Reserve Study Improves the Diagnostic Value of the Test”.

2nd place – S.V. Vdovenko, V.A. Kuznetsov, D.V. Krinochkin, I.P. Zyrianov, M.V. Semukhin, E.A. Doniy (Tyumen, Russia) “Ultrasound Evaluation of Pulse Wave Velocity and Coronary Atherosclerosis”.

3rd place – A. Vrublevsky, A. Boshchenko, R. Karpov (Tomsk, Russia) “Evaluation of Thoracic Aorta Stiffness and Remodelling in Atherosclerosis Using Transesophageal Echocardiography”

The winners received acknowledgements and prizes.

XV World ICDS Congress website www.icds2006.com was created. This bilingual website included not only full set of information about the Congress, host city,

industry partners, scientific and social programs but offered participants on-line services such as abstracts submission, registration and accommodation services. Final scientific program, abstract book, responses and opinions about the Congress are still available at the website.

The Congress was organized with the support of the following industry partners: pharmaceutical companies and companies producing medical equipment:

Bayer	Medtronic
Berlin Chemie	Nycomed
Biosense Webster	OMRON Healthcare
Biotronic	Philips (Medinvest)
Dalco International	Polfa Warszawa S.A.
Implanta (Bosti Group)	Sanofi aventis
General Electric	Siemens
KRKA	SonoSite Ltd
Medicom	Vitatron

The official carrier of the Congress was air company Utair.

Moreover about 30 companies provided unprofitable help at the meeting.

The Congress was opened on 24 May 2006 by the military brass band which welcomed the guests at the entry of the Congress venue. Then at the Opening Ceremony the laureate of the international contests, opera singer Irina Bibeeva performed a few compositions.

Extensive social program was prepared for the participants and guests of the Congress.

24 May - Get together Reception. The program included presentation of tour programs of Tyumen region, light snacks and drinks with Russian traditional performances.

25 May - Gala Dinner which was held at the restaurant of rehabilitation center "Siberia". There were musical program, songs and dances of Gypsies, good cuisine.

26 May - Closing "Jazz & Disco Party" kept in mind by informal atmosphere, good music and dancing as well as refreshments and very special performances.

Also all participants had the possibility to join a city tour, excursions "Lights of Night Tyumen" and "Temples and Churches of Tyumen".

On 27 May there was arranged a post Congress day tour for faculties to Tobolsk, an ancient Russian city, the former capital of Siberian kingdom, situated in 250 km from Tyumen at the confluence of two biggest rivers – the Tobol and the Irtysh. The program was very rich in excursions and performances and everybody enjoyed it. Please read the story about exploration of Siberia by Dr. Colette Veyrat at pages 8-9.

At the meeting of ICDS Board of Directors that took place on May 25, 2006 a decision to approve the scientific and organizational level of the XV World ICDS Congress was reached. It was also decided to hold the **XVI World Congress of the International Cardiac Doppler Society in conjunction with the Japanese Society of Echocardiography on 10-12 April 2008 in Japan co-chaired by Junichi Yoshikawa, MD and Takashi Akasaka, MD.**



THE CONGRESS WAS WIDELY HIGHLIGHTED IN MASS MEDIA OF TYUMEN REGION. HERE IS JUST A LITTLE PART OF THE INFORMATION PROVIDED BY OUR PARTNERS – THE INTERNET NEWSPAPER “VSLUH.RU” AND THE DAILY PAPER “VSLUH O GLAVNOM”



Infarction at 30 is not casus anymore [15:05 / 24.05.06]

Not long ago the infarction at the age of 30 was casuistry, but now it happens more often. That's why there is an aroused interest in scientific elaborations which can help improving the quality of diagnostics and treatment of these diseases, says Deputy Director of the department of coordination of medical cooperation in Ural Federal district, Tatiana Nikolaenko. She said it to “Vsluh.ru” correspondent at the opening of the XV World Congress of the International Cardiac Doppler Society. As a hereditary cardiologist she believes that Doppler echocardiography, which is generally the main subject of the Congress, is the key to the modern diagnostics of diseases and physicians will learn a lot here, maybe even more than researchers will. “The times when diagnosis was made by looking into the patient's eyes or by touch are over. One needs to know the basics of modern diagnostics. The success of the therapy depends on how competently and timely the disease was diagnosed”, - says Tatiana Nikolaenko.

Dr. Timothy Timko: Tyumen Cardiologists do the same as American ones [15:12 / 25.05.06]

Ten years is not a long time, but it was enough for Tyumen Cardiology Center to manage angioplasty as good as in the USA, believes Dr. Timothy Timko, well-known American cardiologist. “Ten years ago they only started to learn making angioplasty in Tyumen, and now they do here the same as we do. They use the same equipment, same methods and technologies with the same results. On Tuesday I was present at few procedures and I can say that they were performed at the highest level. During my previous visits I have done most of the work, but now I just watch”, - said Dr. Timothy Timko during the interview with “Vsluh.ru” correspondent.



“The first Russian” in ICDS [12:32 / 29.05.06]

The Board of Directors of the International Cardiac Doppler Society (ICDS) proposed Prof. Vadim Kuznetsov, Director of Tyumen Cardiology Center and the President of the XV World ICDS Congress to join the Board. Correspondent of “Vsluh.ru” was informed about it by Dr. Colette Veyrat, famous French cardiologist, member of the Board of Directors of the Society and one of its founders. Professor Kuznetsov will be the first Russian in the ICDS Board of Directors, - mentioned Dr. Veyrat.

Tyumen became the first Russian city to claim hosting of the ICDS Congress and was granted this right. The previous Congresses were held in Korea, China, Poland, Argentina, Hungary, Chile, Japan and other countries. “We didn't know where Tyumen is, but we knew Professor Kuznetsov for a few years and he always presented brilliant lectures. We absolutely didn't regret our coming here and we also were pleasantly surprised by the Congress organization level and your scientific achievements”, - pointed out Colette Veyrat. She says that first Russia was attributed to Asian section within ICDS, though it is closer to Europe. But the country is big, and may be that's why it makes sense to create additional section, which CIS countries can join, says Dr. Veyrat.

American doctors were impressed by Tyumen students [17:09 / 21.06.06]

In the letter received from Dr. Geoffrey Stevenson and Mrs. Andrea McBeth (Washington University, Medical Center and Children's Hospital) it is pointed out that the staff of the Tyumen Cardiology Center organized an extensive scientific program and provided gracious hospitality for all of the visitors. “The Congress was attended by cardiologists from around the world for the exchange of medical information and personal good will. The scientific content of the meeting was of very high quality, and provided many of us with new insights. The facilities for the Congress were contemporary and world class. The staff of the Congress venue were attentive and provided for flawless sessions”, - was written in the letter. “Also impressive was the extensive volunteer contribution of the students from the Tyumen University language program. They provided exceptional personal effort to the meeting in general and to the foreign visitors in particular. Their command of English was superior, and their enthusiasm un-matched. We have been to many international congresses, but have never experienced the type of volunteer spirit that the students brought. Tyumen should be very proud of their contributions, spirit and goodwill!”, - Dr. Stevenson and Mrs. McBeth said.



DANIEL KALMANSON'S AWARD COMPETITION FOR YOUNG SCIENTISTS WAS HELD ON 24 MAY 2006 WITHIN THE XV WORLD ICDS CONGRESS.



Daniel Kalmanson, the pioneer in the field of Doppler echocardiography, made significant contribution to this technology and its application in clinical practice. In the sixties Kalmanson was supporting the search for noninvasive methods. His research and achievements in this field entailed a new cardiovascular understanding. In the nineties his works made possible carrying out of the first colour dopplerography. Founder of the French chapter of the Ultrasound in Medicine and Biology Society in 1972, he was also Professor of Medical College in Paris, and, succeeding to Merrill Spencer, MD was elected as 2nd ICDS President in 1985. Academic distinctions and wide spread of Daniel Kalmanson's concepts make him an outstanding scientific personality.

The participants of the DK Award Competition were young scientists (under 35 years) whose fields of interest focused on research of the cardiovascular system through the development of ultrasound technology. There were total 9 papers in the competition. Five independent experts from different countries after thorough evaluation of scientific merit, originality and quality of the research selected only 5 abstracts for final part of the competition.

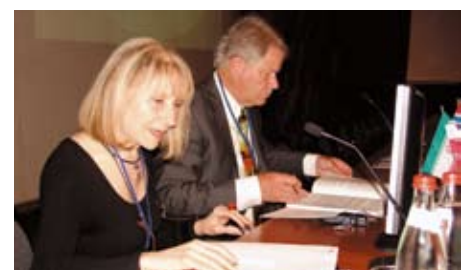
The Committee was so impressive that even experienced scientists admitted that it would have been a serious test for them. Moreover the young scientists had to deliver

their presentations in English and they did it well.

The Committee was chaired by J. Geoffrey Stevenson (Seattle, WA, USA) and Colette Veyrat (Paris, France) and included the Panel judge members: Luigi Badano (Udine, Italy), Jaroslaw D. Kasprzak (Lodz, Poland), Natesa G. Pandian (Boston, USA), Simon Matskeplishvili (Moscow, Russia), Lee J. Frazin (Chicago, USA), Elena Pavlukova (Tomsk, Russia).

The winners of the past five DK Award Competitions, which started since the IX Congress of ICDS in 1997, were representatives of Japan, Chile, Brazil and Belarus. That's why it is especially pleasant for us that this time the winner was Anna Kozhurina, MD from Tyumen Cardiology Center (Russia). Her report was devoted to the assessment of acute left ventricular wall motion abnormalities by limited hand-carried echocardiography in patients with acute coronary syndrome. Second place was awarded to Yana Syrtseva, MD (Novosibirsk, Russia) for her work "Comparative analysis between different tissue Doppler imaging methods on intraventricular dyssynchrony estimation before and after cardiac resynchronization therapy". And another representative of Tyumen Cardiology Center Arkadiy Plusnin, MD took the third place for the report called "Assessment of LV myocardial function in patients with CAD and LBBB using dobutamine stress Doppler echocardiography". All finalists received official acknowledgements and the winner also got the prize.

WE SINCERELY CONGRATULATE OUR YOUNG SCIENTISTS AND WISH THEM FURTHER OUTSTANDING ACHIEVEMENTS!



RESPONSES AND OPINIONS ABOUT XV WORLD ICDS CONGRESS



«Dear Vadim,
I really enjoyed my visit to Tyumen. The scientific program was of the highest quality and the attendance was excellent. This was due to your superb organizational skills. The cultural events were also outstanding and I want to thank you very much for your most generous hospitality»

*Navin C. Nanda
(Birmingham, Alabama, USA)*



«Dear Vadim,
Now, from the distance, I have the possibility to appreciate better all the fantastic work that you and your Dream Team have done. All the scientific and the Social program was covered with so an efficiency that only with a very hard work and plenty of passion is possible to achieve. My everlasting gratitude for the possibility to participate in such a transcendental event»

*Jorge Lowenstein
(Buenos Aires, Argentina)*



«I highly appreciate the efforts of Organizing Committee in creating a very high-level scientific events. Notably, for many participants this was an excellent presentation of Russian culture, science and hospitality!»

*Jaroslaw D. Kasprzak
(Lodz, Poland)*



«I would like to thank you for an outstanding organization of the event and your very warm personal touch that will be remembered. Both scientific and social programs were very nice»

*Michael V. Orlov
(Boston, USA)*



«It was a pleasure and, simultaneously, an honour for us to meet you at Tyumen, during the XV World Congress of the ICDS. We have enjoyed every moment at that Congress»

*Carmen and Eduardo Guevara
(Buenos Aires, Argentina)*



«Vadim Anatolievich!
I would like to thank you again for the invitation and congratulate you and your team with well-organized, interesting and outstanding Congress. Wish you and your institution to achieve much success!»

*Mikhail Alekhin
(Moscow, Russia)*



«Your congress was a wonderful one, very interesting, in a friendly way, my stay in Russia was unforgettable. Thank You for all!»

*Pasquale Palmiero
(Brindisi, Italy)*



«Dear Vadim,
This first visit to Siberia will remain unforgettable in my life. I want to congratulate you and your team on the highly successful conference. From the moment I arrived in Russia to the moment I left, my trip was made comfortable because of the fabulous organization you and your team exhibited. The most important is the friendship and affection you and everyone showed us. For this, I want to thank you all from the bottom of my heart»

Natesa Pandian (Boston, USA)



«Please let me address you all my warmest congratulations for the successful Congress you organized in Tyumen, Siberia, Russia, on May 24-26 2006. I wish to express the great appreciation from the ICDS Board for achieving a high scientific program with such an active audience. This event will contribute to strengthen international relationships between members of our medical and research communities. We particularly appreciated the opportunity to get into contact with our Russian esteemed and clever colleagues. The meeting you organized with your bright organizing staff was of a high scientific level»

Colette Veyrat (Paris, France)



«Thank so much for giving us such a good time. We loved the opening ceremony artists performances, and the swam lake and traviata music during the breaks; also the get together party and the gala dinner were wonderful, we had never tried a better salmon and the other fresh fish.

The congress was extremely well organized and the translations were excellent»

*Lidiette Esquivel and Aristides
Baltodano (San Jose, Costa Rica)*



«The XV World ICDS Congress will remain in my memory one of the most interesting meetings I have participated. The excellent organization, the high level of the presentations, your fantastic hospitality impressed me and I am sending you my congratulations»

*Ioannis N. Vlasseros
(Athens, Greece)*



«Dear Vadim!
You and your team at the Tyumen Cardiology Center did a wonderful job. Everything about the meeting, the social events, the personal treatment that we all received, was exceptional»

*J. Geoffrey Stevenson
and Andrea McBeth
(Seattle, Washington USA)*



«I wish to express my thanks and my deep appreciation for your hospitality, your kindness, and your friendship. I realize it took a lot of hard work by many people to make the Congress such a huge success. Everyone deserves a huge round of congratulations»

*Leonard Timko
(Columbus, Ohio, USA)*



«Dear Vadim Anatolievich!
Let me express my sincere gratitude for the opportunity to participate in the XV World ICDS Congress held in conjunction with Russian National Conference on Cardiac Resynchronization and Cardioversion Defibrillation and their excellent organization. I would like to address the warmest words of appreciation from the members of Tomsk delegation to your team for the attention and kindness. We wish you a big success and fulfilling of all your scientific plans!»

Sergey Popov (Tomsk, Russia)



«This is to express my heartfelt thanks and gratitude for all the hospitality and kindness you showed to me during my stay in Tyumen. I found all the students who were our translators very helpful. The conference was very nice and useful»

*Abdullah Majumder
(Dhaka, Bangladesh)*



«It was a real pleasure to participate in the Congress you have organized. I was expecting the excellent scientific level of the event, knowing the scientific background of the faculty and being aware of your personal achievements in Tyumen. However I have to acknowledge the great advantage of your organization in addition to the scientific yield: that it was the cultural level of your social environment, who gave us the opportunity to reappraise the historical facts proving

that the European heritage is so much enriched from your contribution»

George Athanassopoulos (Athens, Greece)



«Dear Vadim,
I am full of deep gratitude for the attentions of you and your staff. I knew it would be a wonderful and fascinating time... Great science, superb friends... I know that you went thru much tribulation to have an excellent conference, and you did a fantastic job of organization and having excellent specialists - an event which was filled with your warm personality»

*Lee Frazin
(Chicago, USA)*



«Dear Vadim Anatolievich,
On behalf of my colleagues and myself let me express my deepest gratitude and appreciation for your warm and hearty welcome as well as for the opportunity to see and hear so much interesting. Days spent on your wonderful land will live in our memory for a long time»

*Dinara Usupbaeva
(Bishkek, Kyrgyzstan)*



«I wish to congratulate you and your team on the excellent organized ICSD Congress. It was a real pleasure, and an honour, to participate in an international event of such high-level scientific quality. I was really impressed by the great job of the volunteer students from the Tyumen University. My deepest thanks for your warm hospitality»

*Raquel Yotti
(Madrid, Spain)*



«Dear Vadim Anatolievich,
Let me from the bottom of my heart congratulate you and the team of Tyumen Cardiology Center with the successful organization and carrying out of the XV World ICDS Congress. I sincerely believe that holding such prestigious international scientific forums based on the entrusted to you Center is a significant event not only for Tyumen, but for all Russia as well. I want to point out the excellent organization, high level of lectures, active participation of Russian audience in its discussion, and of course your warm hospitality»

*Simon Matskeplishvili
(Moscow, Russia)*

A POST-CONGRESS DISCOVERY: IMMERSION INTO WONDERFUL SIBERIA!



I had visited several times the western part of Russia, traditional target of tourists both for vacation and work. But never had I the opportunity to go to Siberia which is far less usually visited! How can I express my excitement when I saw that Tyumen, site of the XV World ICDS Congress, was located beyond the Ural Mountains and was the first town founded in Siberia at the XVI century! Some of my friends, knowing Siberia, as excited as I was, recommended me to travel from Moscow to Tyumen by railway to discover the beautiful Ural Mountains. A rapid inquiry convinced me that it was out of my time schedule! Given the few free days available, I decided to focus on one name I had always dreamt about: Lake Baikal! The trip involved Tyumen as a starting point, Tobolsk, Pokrovskoe, Omsk and Irkutsk, closest city to the lake.

The scientific program of the Congress did not enable me to thoroughly visit Tyumen as I would have liked. Happily, we had a charming guide who loved so much her city that she showed and detailed heartfully all the historic places with wonderfully curved wooden houses. Surprisingly, we could feel deep in the heart of old Siberia, while intense modern life of a great city was a few meters from us! The charm also came from the Tura river that crosses the town and runs toward the Tobol river. The organization was splendid starting by an official sumptuous reception where our arrival and entrance to the Hall was accompanied by brass music of the army, preceding a wonderful official ceremony, chaired by Natalia Shevchik, Deputy Governor of the region, and by Vadim Kuznetsov, President of the World Congress. In no congress, during the scientific sessions, did I see as many enthusiastic students, full of youth, wishing to understand and participate. It was great from Vadim Kuznetsov and Tyumen University to allow them to attend our debates. They surely represent a dynamic component for the future of Russian research. Exchanges with them were easily possible due to their fluent English speaking. Entertainment was great during the social events which resembled more to a gorgeous family gathering than to formal events and which will let unforgettable souvenirs to everyone!

To refresh us from three highly scientific and hard-thinking days, we were invited to discover Tobolsk, ancient capital of Siberia at the XVII century. The 250 km travel to Tobolsk was interrupted by the visit of Pokrovskoe village, 80 km distant from Tyumen, where Gregory Rasputin was born and lived. Visiting this village made us jump into the past century, with old wooden houses, remaining unchanged. We could easily imagine the priest with his long severe face that has been so much popularized by novels and movies, walking in the small garden around his house and preparing, together with some herb decoction, his social strange ascent.

Going on our way, we arrived to Tobolsk, erected on a plateau. What an unexpected breathtaking view! From the plateau, we look down upon the valley miles away, admiring the loops of the river Tobol before it flows into the Irtysh river.

When entering into Tobolsk Kremlin, we were welcome by Tatars songs, dances, pastries and drinks. The walls of the castle seemed whiter under the blue sky and the sun that made us feel in heaven. Illustrious shadows came to my mind, ranging from Fodor Dostoevsky to Nicolas II and his family, who stayed there before going to Ekaterinburg. After having visited the Abalak Monastery with the theological seminary, having meditated in front of Ermak and Mendeleev's monument which recalls us our university's learning years, Vadim Kuznetsov scheduled a wonderful return by boat to Tyumen. On board, generous food and drinks, fine music during the diner, fabulous sunset, with frenzied music and dance upstairs on the roof, while some colleagues apart could extend fruitful exchanges started during the congress! In brief a fantastic ambience! Some nostalgia could be felt among the participants on the arrival to Tyumen, so sad to have to leave!

The day after started my trip to Omsk by car. This gave me the opportunity to visit the Siberian landscape, under the guidance of a clever driver and of a charming guide who happened to be the grand child of Fodor Shaliapin, a favorite singer of which my mother used to collect recordings. We stopped to visit little villages. I was under the charm

of the rustic wooden houses, so typical of North-East Europe. I could admire the newly-formed tender-green leaves on the trees and compare the flowering stages between France and Siberia: for instance, for lilac, the delay was only three weeks! Above all, I discovered the Siberian immensity, huge steppes succeeding to endless forests of birch-trees. A few years ago we had the opportunity to see some ancient movies from Sergey Bondarchuk in Paris, showing beautiful views with these well-aligned thin white trunks typical of Russia!

Omsk was my last city to visit in western Siberia and the last one where I could admire the Irtysh river. I could seize how Siberia plays a pivotal geographical role, remembering that this river came from China, where it is called «the black Irtysh», and, joining the Ob, flowed to the Kara sea, from south to north! Funny knowledge that makes that this river, one of the longest after the Amazon and the Nile, is unknown for most people in the world! I was fascinated by the fact that Omsk is a true «carrefour» since the transsiberian railway, stopping at Omsk, makes it possible to cross Russia from West to East!

The day after, I left Omsk for Irkutsk by plane. Irkutsk, founded in 1651 by the Cossacks to pacify the Tatars, is the door to lake Baikal, the oldest lake in the world, through the river Angara that will flow till the Yenisei river. Irkutsk has some other interest, in addition. There are several houses where the Decembrists lived and I could visit Sergey Troubetskoi family's house. It is very moving because it is furnished as if they had left the minute before. I was interested by many water-colors paintings made by Troubetskoi, representing familiar locations near the town or the house. Titles were written in French at the bottom of each of them, showing that French was a nearly native language for them at that time. Surprisingly, they seem to have developed a cultural life during these hard times. On the Place Kirova, there was an impressive list of heroes from the second world-war, and a few more steps took me to two well-preserved face-to-face churches named Redemption and Epiphany, where ancient icons can be admired.

One of the highest exciting moments was my visit to Taltsy, an ethnographic museum on the road to Lake Baikal. Old wooden constructions dating from the XVII century have been brought back there from Ust-Ilimsk and identically reconstructed in open air in the forest. Instruments from the daily life of family peasants, fur clothes, furniture, pewter and earthenware dishes, weapons of soldiers recalling that possible danger was always kept in mind, could be seen inside the houses, giving the impression of a recently interrupted life...

My road ended at Listvyanka, a small village on the banks of Lake Baikal with many wooden houses sheltering two or more families in order to more easily fight against coldness in winter. I also visited the Nikolskaya church a few yards from there. Some of the population showed and sold various local handicrafts to visitors. I visited the Institute of limnology, a very documented research center for naturalism, which continuously analyses vegetables, living cells and fishes found in the area. «And what about the Lake Baikal?» will you ask me. I will not give the information you can find in any book, privileging my own impressions: I was seized by the fresh air surrounding me as if I was walking in a large corridor where winds join together from Mongolia, from North Arctic Sea and west Siberia. The pureness of the water was breathtaking and the scenery was at the level of my dreams! Unfortunately the season was just starting and I could not visit it in length till Olkhon Island.

Thus, marvellous idea, I will come back in a near future in summer to make an exhaustive visit of the Lake. So far, I bought a quantity of little bottles of Baikal water to share with my friends when back to Paris. We clinked glasses, drinking to Siberia and the excitement was similar as if it was champagne!

Marvellous Siberia, you have all that will enable your success, water, woods, space, and your underground is as gifted as the surface is! Above all, you also have a fine and heartfelt population, to whom I send warm wishes for a tremendous future and good luck!



*Colette Veyrat, MD
Paris, France
June 2006*

The President of ISCU Dr. Navin Nanda Receives Prestigious Honour



Navin C. Nanda, M.D has been awarded the 2006 Ellis Island Medal of Honor which is the most prestigious and highest civilian award one can receive in the United States, next to the Congressional Gold Medal. This award is sanctioned by the U.S. Congress (both the House of Representatives and the Senate) and the Awardees' names are listed in the Congressional Record. Previous award recipients have included 6 Presidents of the United States of America (George Bush Sr., Jimmy Carter, William Clinton, Gerald Ford, Richard Nixon and Ronald Regan) as well as other renowned personalities including Senators, Congressmen and Nobel Prize winners. The award recognizes outstanding Americans who have distinguished themselves by their outstanding contributions to the U.S.A.

Dr. Nanda is a nationally and internationally renowned cardiologist and echocardiographer. He is a world expert in echocardiography and his clinical and research accomplishments have contributed in a major way to echocardiography becoming today the most useful and cost effective noninvasive technique for the diagnosis of various cardiac diseases. He has done pioneering work in the field of echocardiography and his academic achievements are legendary. His group was the first to pioneer the use of post-treadmill exercise echocardiography to detect coronary artery disease in 1981. This technique is now widely used throughout the world. Dr. Nanda was also among the first to pioneer the use of the new innovative technique of color Doppler flow mapping and his Laboratory at the University of Alabama at Birmingham in 1984 became the first facility in the USA to put this new equipment into clinical use. The color Doppler criteria developed by his group for the assessment of regurgitation of various cardiac valves are still used by cardiologists all over the world for

managing their patients and deciding whether they will benefit from cardiac surgery. Dr. Nanda was also the first to develop an echocardiographic technique to assess pulmonary hypertension and recognize a congenital bicuspid valve. He was the first to use echocardiography extensively in the assessment of intracardiac catheters and pacemaker function. He has also done work on myocardial tissue characterization by two-dimensional echocardiography as well as in the utility of echo Doppler and color Doppler techniques in the evaluation of aortic aneurysms and dissection. His group was also the first to report on conventional Doppler and color Doppler evaluation of fetal hemodynamics. He has also done pioneering work on three-dimensional and four-dimensional echocardiography and more recently on transpharyngeal ultrasound to assess internal carotid artery stenosis.

Even as a senior resident in Bombay over 30 years ago, his pioneering work showed a high incidence of heart attacks in young Asian Indians under the age of 35 years even though their cholesterol and lipoprotein levels were normal. The 24th Bombay Medical Congress declared this work as "the best scientific paper" for the year 1966. Another study by him at that time showed a high prevalence of hyperglycemia in heart attack victims and its relation to diabetes mellitus in Indians. This work, published in the prestigious New England Journal of Medicine in 1967, was highly acclaimed by the editor of the same Journal as "an important contribution" and as "the first thorough study of an Asiatic population." These represented some of the earliest high quality scientific studies done in India dealing with coronary artery disease. More recently, Dr. Nanda organized the first ever large scale survey of Asian Indians settled in the USA for the prevalence of various diseases such as stroke, high blood pressure, diabetes and coronary heart disease and found the prevalence of these diseases much higher than in other USA ethnic groups and higher than in Indians living in India. Dr. Nanda helped found the ethnic American Association of Cardiologists of Indian Origin and became its first and founding President in 1986. Dr. Nanda was also elected President of the prestigious American Association of Physicians from India and was the recipient of its very first "Most Distinguished Service Award". He was also elected to the Board of Directors of the Association of Black Cardiologists, Inc. for a period of two 3 year consecutive terms and was presented The Bridge Award for "building bridges across cultures, particularly among African American and Indian cardiologists". Dr. Nanda has received numerous accolades from several countries throughout the world for his pioneering work in the field of echocardiography including China, Brazil, Italy, Uruguay, Columbia, the United Arab Emirates and India where among numerous recognitions the Cardiological Society of India instituted the Navin C. Nanda Young Investigator Award at their Annual Conference in December 2005 to be given to a young cardiologist with the best scientific research presentation. This is the first time in the 58 year history of this Society that an award has been instituted in any physician's name.

**OUR WARMEST
CONGRATULATIONS!**

INTERNATIONAL SCIENTIFIC MEETINGS

2006

- 2-6 September 2006** **World Congress of Cardiology 2006: Joint Congress of the European Society of Cardiology and the World Heart Federation**
Barcelona Spain www.escardio.org www.worldcardio2006.org
- 14-17 September 2006** **ASUM 2006. 36th Annual Scientific Meeting of the Australasian Society for Ultrasound in Medicine, Melbourne, Australia**
www.asum.com.au asum@asum.com.au
- 15-19 September 2006** **EUROSON 2006. 18th European Congress of Ultrasound,**
Bologna, Italy www.efsumb.org
- 19-21 September 2006** **UK Heart Rhythm Congress 2006,**
Birmingham, United Kingdom www.ukheartrhythm.org.uk
- 28-29 September 2006** **Focus on Ultrasound, Madison, WI, United States**
tmbailey@wisc.edu
- 10-12 October 2006** **Annual Congress of the Society of Cardiology of the Russian Federation,**
Moscow, Russian Federation www.cardiosite.ru
- 19-21 October 2006** **X World Congress of Echocardiography and Vascular Ultrasound**
Rome, Italy www.iscu.org www.worlddechocardio2006.com
- 21-24 October 2006** **Acute Cardiac Care 2006, Prague, Czech Republic**
www.escardio.org/congresses/AcuteCardiacCare2006
- 2-3 November 2006** **Cardiology Update-2006, Tyumen, Russia**
science@cardio.tmn.ru
- 11 November 2006** **16th Annual International Conference on Case Studies in Echocardiography and Recent Advances, Chicago, Illinois, USA** lindyc@uab.edu
- 12-15 November 2006** **American Heart Association Scientific Sessions 2006**
Chicago, Illinois, USA www.americanheart.org www.scientificsessions.org
- 6-9 December 2006** **Euroecho-10. Prague, Czech Republic**
www.escardio.org euroecho@escardio.org

2007

- 12-16 February 2007** **Cardiology Update 2007: Educational Programme,**
Davos, Switzerland
uwe.fritz@congressorg.ch www.heartfoundation.ch
- 15-18 March 2007** **American Institute of Ultrasound in Medicine annual meeting,**
New York, USA
www.aium.org
- 23-24 March 2007** **23rd Annual International Conference on Recent Advances in Echocardiography: Case Studies (Read with the experts),**
New Orleans, Louisiana, USA
lindyc@uab.edu
- 24-27 March 2007** **American College of Cardiology Annual Scientific Session, ACC-2007,**
New Orleans, Louisiana, USA
www.acc.org
- 17-19 May 2007** **IV Congress of Cardiologists and Angiologists,**
Mostar, Bosnia and Herzegovina
www.cardio-ukbih.org

- 22-25 May 2007** **EuroPCR 2007**, Barcelona, Spain
www.europcr.com
- 9-12 June** **Heart Failure 2007**, Hamburg, Germany
HFsecretariat@escardio.org
- 16 - 20 June 2007** **American Society of Echocardiography, 18th Annual Scientific Sessions** Seattle, WA, USA
www.asecho.org/ScientificSessions.php
- 19-23 June 2007** **Mayo International Vascular Symposium in Iceland**,
 Reykjavik, Iceland www.mayo.edu/cme
- 24-27 June 2007** **Europace 2007**, Lisbon, Portugal
europace@escardio.org
- 27-30 June 2007** **34th International Congress on Electrocardiology, and 48th International Symposium on
 Vectorcardiography**, Istanbul, Turkey
www.ice2007.com
- 29 June – 1 July 2007** **XI World Congress of Echocardiography and Vascular Ultrasound. 1st Congress of the Hellenic
 Society of Hypertension and Cardiovascular Prevention**, Rhodes, Greece
www.iscu.org www.triaenatours.gr
- 1-5 September 2007** **ESC Congress 2007**, Vienna, Austria
www.escardio.org
- 13-17 September
 2007** **Australasian Society for Ultrasound in Medicine, Annual Scientific Meeting**, Cairns, Australia
www.asum.com.au
- 7-10 October 2007** **Venice Arrhythmias 2007 - Tenth International workshop on Cardiac Arrhythmias**, Venice, Italy
www.venicearrhythmias.org
- 24-27 October 2007** **EUROSON 2007. 19th European Congress of Ultrasound**,
 Leipzig , Germany
www.efsumb.org
- December 2007** **Euroecho-11**
www.escardio.org euroecho@escardio.org



TYUMEN CARDIOLOGY CENTER
Branch of Institute of Cardiology, Tomsk Scientific Center
 (RUSSIAN ACADEMY OF MEDICAL SCIENCES SIBERIAN BRANCH)
Tyumen, Russia
14th Annual International Conference
“Cardiology Update”
November, 2007

For more information please contact the Conference Secretariat:
kuznets@tmn.ru

Some materials for this bulletin were taken from the sites Vsluh.ru and International Academy of Cardiovascular Sciences.

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Circulation: 500 copies

Printed in “City press ltd”
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 International Society of
 Cardiovascular Ultrasound



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